



DECEMBER



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Services: Howard County <ul style="list-style-type: none"> ☎ Peer Counselor support ☎ Group BF Classes ☎ Individual BF Classes ☎ Electric pump demo ☎ Loaner Electric Pumps for moms returning to school/work Returning to work/school BF classes		To Contact a Breastfeeding Counselor near you: Columbia: (410) 313-7206 Savage/Laurel: (410) 313-0630 Howard County WIC Program: (410) 313-7510		Breastfeeding classes can also be scheduled at the Laurel clinic. Call (410) 313-0630 for monthly schedule		1
2	3 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	4 Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 11:00 am	5	6 Breastfeeding Club/Support Group@ 10:00 am at the Columbia Clinic Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 1:00 pm	7	8
9	10 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	11	12	13 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am.	14	15
16	17 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	18 Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 11:00 am	19	20 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am. Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 1:00 pm	21	22
23/30	24/31	25	26	27 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am.	28	29



JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Services: Howard County <ul style="list-style-type: none"> Peer Counselor support Group BF Classes Individual BF Classes Electric pump demo Loaner Electric Pumps for moms returning to school/work Returning to work/school BF classes		To Contact a Breastfeeding Counselor near you: Columbia: (410) 313-7206 Savage/Laurel: (410) 313-0630 Howard County WIC Program: (410) 313-7510	2	3 Breastfeeding Club/Support Group @ 10:00 am at the Columbia Clinic Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 1:00 pm	4	5
6	7 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	8 Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 11:00 am	9	10 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am.	11	12
13	14 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	15	16	17 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am. Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 1:00 pm	18	19
20	21	22 Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 11:00 am	23	24 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am.	25	26
27	28	29	30	31	Breastfeeding classes can also be scheduled at the Laurel clinic. Call (410) 313-0630 for monthly schedule	



FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Services: Howard County <ul style="list-style-type: none"> Peer Counselor support Group BF Classes Individual BF Classes Electric pump demo Loaner Electric Pumps for moms returning to school/work Returning to work/school BF classes		To Contact a Breastfeeding Counselor near you: Columbia: (410) 313-7206 Savage/Laurel: (410) 313-0630 Howard County WIC Program: (410) 313-7510	Breastfeeding classes can also be scheduled at the Laurel clinic. Call (410) 313-0630 for monthly schedule		1	2
3	4 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	5 Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 11:00 am	6	7 Breastfeeding Club/Support Group@ 10:00 am at the Columbia Clinic Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 1:00 pm	8	9
10	11 Breastfeeding Class: "Getting Started" (Part II) at the Columbia Clinic @ 10:00 am	12	13	14 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am.	15	16
17	18	19 Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 11:00 am	20	21 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am. Breastfeeding Class: Spanish "Getting Started" at the Columbia Clinic @ 1:00 pm	22	23
24	25	26	27	28 Breastfeeding Class: "The Benefits of Breastfeeding" (Part I) at the Columbia Clinic @ 10:00 am.		